



TYLENOL Arthritis Extended Relief



Relieving Arthritis Pain

For relief of minor arthritis pain, doctors recommend TYLENOL Arthritis Extended Relief the most.



Relieving Your Common Arthritis Pain



Safety



How to Take TYLENOL Arthritis Extended Relief



Common Questions About TYLENOL Arthritis Extended R

Relieving Your Common Arthritis Pain

Longer-lasting relief

Offers the proven combination of strength and safety in an extended-relief form.

- Up to eight hours of pain relief
- Unique, patented bilayer caplet:
 - The first layer dissolves quickly to provide prompt pain relief
 - The second layer is time-released to provide up to eight hours of relief

Relieving arthritis pain

Since osteoarthritis, the most common form of arthritis, is primarily a problem of pain and not inflammation, medical experts recommend that pain relief be the primary goal of drug therapy.



Acetaminophen, the medicine in TYLENOL, is the preferred first-line drug therapy for the pain of osteoarthritis.

Osteoarthritis pain relief last through the night.

	TYLENOL Arthritis Extended Relief	Extra Strength Tylenol
Active Ingredient	acetaminophen	acetaminophen
Strength (mg/caplet)	650	500
Formulation	Bi-layer immediate release & extended release	immediate release
Indications	pain reliever fever reducer	pain reliever fever reducer
Aspirin containing	NO	NO
Dosing adults & children 12 years of age & older	Two caplets every 8 hours	Two caplets every 4-6 hours
Caplets per 24 hours	six	eight
	Do not	Do not

In a major clinical study, TYLENOL relieved osteoarthritis pain as effectively as nonprescription and even prescription doses of ibuprofen.

Maximum dose	Do not exceed 6 caplets in any 24-hour period	Do not exceed 8 caplets in any 24-hour period

[Click here for product label](#)

Did You Know?



You're not alone

If you're suffering from the pain of osteoarthritis, the most common form of arthritis, you're not alone. It also affects 21 million other Americans.

⚕ Safety

Proven safety

No other over-the-counter pain reliever has been proven to work better on arthritis pain than the medicine in TYLENOL Arthritis. And, used as directed, TYLENOL Arthritis is the safest type of pain reliever you can buy.

Fewer drug interactions

TYLENOL is the least likely of all over-the-counter pain relievers to interact with other medications.



[Click here for tips on avoiding drug interactions.](#)

Gentle on your stomach

TYLENOL Arthritis Extended Relief is aspirin-free and is unlikely to cause the gastric irritation often associated with:

- Aspirin
- Naproxen sodium (the medicine in Aleve®)
- Ketoprofen (the medicine in Orudis KT® and Actron®)
- even Ibuprofen (the medicine in Advil®)

TYLENOL Arthritis fact

Although it has been available without a prescription since 1961, TYLENOL was not advertised to consumers until 1976.

Arthritis pain relief tips

Experts agree that you play the most important role in relieving minor arthritis pain. [Click here](#) about these strategies for managing your pain:

- Exercise
- Joint protection
- Weight control
- Heat and cold

Did You Know?



Experts recommend

Arthritis experts recommend the medicine in TYLENOL Extended Relief first because of its proven safety.



[Click here for tips on taking your medications safely.](#)

As with any medication, read the TYLENOL I and use the product as directed. If you have qu your doctor or pharmacist.

Important Safety Information

[Click here for product label.](#)

- [Can I drink alcohol and take TYLENOL?](#)
- [Proper dosing instructions](#)
Do not exceed the recommended dose
- [Do not take TYLENOL with other products containing acetaminophen?](#)

How to Take TYLENOL Arthritis Extended Relief

Click on the appropriate form (geltab, caplet, etc) below to view the full package label.

TYLENOL
Arthritis

Caplets

Take 2 every 8 hours

As with any medication, read the TYLENOL I and use the product as directed. If you have q consult your doctor or pharmacist.



Q Common Questions About TYLENOL Arthritis Extended Relief

[Click here for product label.](#)

Take Our Instant Poll

How often do you need to relieve minor arthritis pain?

Once a week or less

Two to four times a week

Five or more times a week

Submit

Reset

[How does TYLENOL Arthritis Extended compare to Extra Strength TYLENOL an Strength TYLENOL?](#)

[How does TYLENOL Arthritis Extended compare to other nonprescription pain reli](#)

[Can I take TYLENOL Arthritis Extended other medications?](#)

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TYLENOL Arthritis Extended Release Tablets

Active ingredient	Strength (mg/caplet)	Formulation	Indications	Aspirin containing	Dosing adults & children 12 years of age & older	Caplets per 24 hours	Maximum dose
acetaminophen	650	Bi-layer immediate release & extended release	pain reliever fever reducer	NO	Two caplets every 8 hours	six	Do not exceed 6 caplets in any 24-hour period
acetaminophen	500	Immediate release	pain reliever fever reducer	NO	Two caplets every 4-6 hours	eight	Do not exceed 8 caplets in any 24-hour period
acetaminophen	325	Immediate release	pain reliever fever reducer	NO	Two caplets every 4-6 hours	twelve	Do not exceed 12 caplets in any 24-hour period

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Advantages

TYLENOL Arthritis Extended Relief:

- Requires fewer doses to provide pain relief
- Contains no aspirin and is unlikely to cause the gastric irritation often associated with aspirin, naproxen sodium or even ibuprofen
- May be used by people with peptic ulcer when taken as directed for recommended conditions

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Availability

TYLENOL Arthritis Extended Relief is available in bottles containing 24, 50 or 100 caplets at most food, drug and mass merchandise stores.

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Product name change

TYLENOL Extended Relief was changed to TYLENOL Arthritis Extended Relief to better reflect the indication for which doctors recommend the product. The name change also makes it easier to understand the product's benefits. More than half of the people who use TYLENOL Arthritis Extended Relief use it to relieve minor arthritis pain.

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How it works

TYLENOL Arthritis Extended Relief Caplets use a unique patented bilayer caplet. Each layer contains 325 mg of acetaminophen:

- The first layer dissolves quickly to provide prompt relief.
- The second layer is released gradually to provide up to eight hours of relief.

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How to Take TYLENOL Arthritis Extended Relief

If you have any further questions about this TYLENOL product, you can:

Refer to the [Package Label](#)

Talk to your doctor

Call 1-800-962-5357 between 9:00 am and 4:30 pm EST

Compared to Extra Strength TYLENOL

Product	mg Acetaminophen	Usual Dosage	Maximum Dosage
TYLENOL Arthritis Extended Relief	650 mg acetaminophen per caplet	Two caplets every 8 hours	Do not exceed 6 caplets in any 24-hour period
Extra Strength TYLENOL	500 mg acetaminophen per gelatib, gelcap, caplet or tablet	Two gelatibs/gelcaps/caplets or tablets every 4-6 hours	Do not exceed 8 (product) in any 24-hour period
Regular Strength TYLENOL	325 mg acetaminophen per caplet or tablet	Two caplets or tablets every 4-6 hours	Do not exceed 12 (product) in any 24-hour period

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Dosing before or after meals

You can take TYLENOL acetaminophen products anytime, without regard to meals. Simply follow the instructions on the package label.

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Crushing, chewing or dissolving caplets

Crushing, chewing or dissolving TYLENOL Arthritis Extended Relief Caplets is not recommended. Take two caplets with water and swallow each caplet whole.

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Taking with water

Take two caplets with water; swallow each caplet whole. Do not crush, chew or dissolve the caplet.

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Daily dosing

The recommended dosage for adults and children 12 years of age and older is two caplets every eight hours, not to exceed six caplets in any 24 hour period. Take two caplets with water, swallow each caplet whole. Do not crush, chew or dissolve the caplet.

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Not for use in children

TYLENOL Arthritis Extended Relief is not for use in children under 12 years of age. If you are seeking an acetaminophen product for a child under 12 years of age, try Children's TYLENOL or Junior Strength TYLENOL.

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Maximum dose

The adult dosage of TYLENOL Arthritis Extended Relief is two caplets every eight hours, not to exceed six caplets in any 24 hour period.

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When to Use TYLENOL Arthritis Extended Relief

If you have any further questions about this TYLENOL product, you can:
Refer to the Package Label

Talk to your doctor

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When to Use TYLENOL Arthritis Extended Relief

When taken according to directions, TYLENOL Arthritis Extended Relief Caplets are effective for the temporary relief of the minor pain of arthritis, and the temporary relief of minor aches and pains associated with the common cold, headache, toothache, muscular aches, backache, for the pain of menstrual cramps and for the reduction of fever.

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Ingredients

If you have any further questions about this **TYLENOL** product, you can:
Refer to the Package Label
Talk to your doctor
Call 1-800-962-5357 between 9:00 am and 4:30 pm EST
Compared to other nonprescription pain relievers

Acetaminophen (the active ingredient in **TYLENOL Arthritis Extended Relief Caplets**), aspirin, naproxen sodium, ketoprofen and ibuprofen are all nonprescription pain relievers. One of the advantages of **TYLENOL Arthritis Extended Relief** is that it is unlikely to cause the gastric irritation often associated with aspirin, naproxen sodium, ketoprofen or even ibuprofen.

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Safety Information

If you have any further questions about this **TYLENOL** product, you can:
Refer to the Package Label
Talk to your doctor
Call 1-800-962-5357 between 9:00 am and 4:30 pm EST
Product use with medical conditions

If you are under a doctor's care for any serious condition or are taking any other drug, you should talk to your doctor if you want to know more or have other questions.

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TYLENOL(R) ARTHRITIS Extended Relief

SUMMARY

Of the nearly 43 million people with arthritis, more than 40 percent have chronic joint symptoms that have not been diagnosed by a doctor. Many of those people are self-treating their pain by taking over-the-counter medications. McNeil Consumer Products' re-launch of TYLENOL® Extended Relief under the new name TYLENOL® ARTHRITIS Extended Relief, recognizes the impact and prevalence of the disease, and consumers' desire for over-the-counter pain relief. While acetaminophen's effectiveness in treating pain has been proven, the Arthritis Foundation encourages people with chronic joint pain to see a specialist for a specific diagnosis and a comprehensive treatment plan that may involve multiple strategies in addition to over-the-counter medications.

FULL STATEMENT

Medical guidelines recommend acetaminophen as first-line therapy for patients with osteoarthritis, the most prevalent form of arthritis. Acetaminophen is noted for its ability to provide pain relief with fewer harmful side effects than non-steroidal anti-inflammatory drugs (NSAIDs), which unlike acetaminophen manage both pain and inflammation. According to McNeil Consumer Products Company, approximately 60 percent of doctor recommendations for TYLENOL Extended Relief have been for the management of arthritis. Further, more than 50 percent of consumers using TYLENOL Extended Relief were using it to treat arthritis pain. This widespread use and history of effectiveness prompted the name change from TYLENOL Extended Relief to TYLENOL ARTHRITIS Extended Relief.

Arthritis affects nearly 43 million Americans. According to the Arthritis Foundation, over-the-counter drugs can play a role in the management of arthritis and related conditions. However, people with persistent, chronic pain should take other steps known to alleviate symptoms and limit potential disability including:

- See a rheumatologist to get an early, accurate diagnosis
- Work with the physician to design a treatment program that could include a combination of therapies -- appropriate medication(s), weight control and exercise, joint protection, use of heat or cold to reduce pain and inflammation, and surgery (if necessary)
- Obtain education and self-help strategies (including skills to self-manage the condition)

FOR MORE INFORMATION

- Contact your local Arthritis Foundation chapter
- Order free brochures about managing arthritis
- Send your questions to help@arthritis.org

The information provided by the Arthritis Foundation should not take the place of advice and guidance from your own health-care provider.

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 ARTHRITIS Extended Relief

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